

POST-OP INSTRUCTIONS: EXTRACTIONS

- Pressure should be placed on the gauze pad that has been put over the extraction site for one hour. If the bleeding continues new gauze should be placed and pressure applied for another 45 minutes
- Avoid eating or drinking anything hot on the day of your extraction, also, **do not** rinse your mouth and do not use a straw for drinking. **Do not** spit and do not drink carbonated beverages.
- Do not brush on the day of the surgery, you can gently resume your brushing and flossing the day after.
- You may experience some pain, brushing around your lips, and/or some swelling, especially after extraction of teeth. Ice bag application and medicine prescribed for you will help to minimize your discomfort.
- Please take all the medication you have received based on the provided instructions.
- For mild discomfort, alternate taking tylenol or ibuprofen **every 3-4 hours** or use a combination of both (as directed)
- During the first 2-3 days after surgery a diet of soft food and liquids is recommended (soup, yogurt, milkshakes, and juice)
- Call our office if you experience excessive bleeding, severe pain or swelling

We are here to help if you need us! Please contact our office at 610-667-2770 or info@drweinstock.com if you have any questions or issues with these instructions.