

## **POST-OP INSTRUCTIONS: DENTURE DELIVERY**

- You will experience some discomfort with any new denture for a few days. All new dentures need several adjustments to completely and comfortably fit in your mouth
- For mild discomfort, alternate taking tylenol or ibuprofen **every 3-4 hours** or use a combination of both (as directed)
- You should take the dentures out every night and keep them in a clean container filled with water or denture cleaning solution. Your gums need to rest and be without the dentures every day for a period of time
- Clean dentures thoroughly with a brush and water before putting them back in your mouth
- It may be difficult to talk normally with the new dentures for a few days. One way to practice is to read a book or newspaper out loud for a period of time every day. Your tongue and muscles will get used to the new dentures and you will talk normally very soon
- Call our office if you are experiencing pain or discomfort.

We are here to help if you need us! Please contact our office at 610-667-2770 or [info@drweinstock.com](mailto:info@drweinstock.com) if you have any questions or issues with these instructions.