

## **POST-OP INSTRUCTIONS: GUM SURGERY**

- You may experience some pain, swelling, and bleeding after the surgery
- Take all medication that was prescribed for you according to instructions
- For mild discomfort, alternate taking tylenol or ibuprofen **every 3-4 hours** or use a combination of both (as directed)
- Apply an ice bag on your face over the surgical site on the day of surgery for **10 minutes on and 5 minutes off**
- Keep your next appointment on time for removal of sutures and follow up checks
- Do not raise your lips with your fingers to inspect the treated area
- Do not brush teeth near the surgical site. Brush teeth in the rest of your mouth
- There is often a temporary loss of feeling in the operated area and the tooth may feel loose
- Do not smoke, spit, or use a straw on the day of the surgery (avoid smoking for a few days after surgery)
- Warm salt water rinse twice a day for **2-5 days** to promote healing
- Should any difficulties occur, do not hesitate to call the office

We are here to help if you need us! Please contact our office at 610-667-2770 or [info@drweinstock.com](mailto:info@drweinstock.com) if you have any questions or issues with these instructions.